



MEDIA ADVISORY FOR IMMEDIATE RELEASE
Thursday, 06 October 2022
For attention Editors and Journalists

**LIMPOPO DEPARTMENT OF SPORT ARTS AND CULTURE STAGES 2022
NATIONAL RECREATION DAY.**

The Limpopo Department of Sport, Arts and Culture through Sport and Recreation unit will stage a vibrant National Recreation Day 2022. The event which will be attended by public servants from sector departments and members of the community will include fun walk, Morabaraba, Kgati, Ncuva, Diketo, Tug of War, Bottle Race, Egg Race, Whoola Hoops, and Mass Aerobics.

The Department will join the rest of the country in staging this year's edition of the National Recreation Day which is an annual event scheduled for the first Friday of October. The Programme was established by the National Department of Sport, Arts and Culture and aimed at encouraging all South Africans to actively participate in Recreational activities to improve their health and physical wellbeing in line with the Employee Health and Wellness Strategic Framework for the Public Service.

The DPSA recognizes the participation of employees in the Recreational activities as one of the mechanisms employed to promote employee health and wellness and serve as a platform where employees from different organizations interact with each other socially and formally develop relations which are beneficial to workplace.

Limpopo National Recreation Day 2022 will be staged as follows:

Date : 07 October 2022 (Friday)
Venue : Giyani Stadium
Greater-Giyani Local Municipality,
Mopani District
Time : 07:30

The 7th of October will be a fun-filled day with loads of entertainment that will encourage families, communities, and employees to actively participate in various recreational activities that promotes teamwork, promote active, healthy, and winning nation while fostering social cohesion, nation building and quality of life of all South Africans.

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